

PK KB OVL 26: Session: 3: COACH evaluation sheet for TEAM: SWEM

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Dierickx Kaat HEADCOACH

Coaches: Vanderrijst Ananza

Coaches: De Ridder Elke

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M MEDLEY MEN 11+					Heat:2, starttime: 09:13
Heat: 2/10 Lane : 6 Athlete: VANDERSCHAE GHE DAAN					Q-time: 01:32:35
PB (25m pool): 01:32.35 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:32.35	
	no time				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:3, starttime: 09:15
Heat: 3/10 Lane : 6 Athlete: HEYNZE OTIS					Q-time: 01:27:31
PB (25m pool): 01:27.31 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:27.31	
	no time				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:8, starttime: 09:24
Heat: 8/10 Lane : 4 Athlete: VAN NEER LOWIEK					Q-time: 01:08:49
PB (25m pool): 01:08.49 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.49	
	no time				
					

Coach feedback:

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Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:2, starttime: 09:33	
Heat: 2/9 Lane : 8 Athlete: DE MAEIJER ELENA							Q-time: 02:39:78	
PB (25m pool): 02:39.78 Dendermonde, 22/11/2025				PB (50m pool): 02:45.56 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.06		01:17.21		no time		02:39.78
	00:36.06		00:41.15					
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:3, starttime: 09:36	
Heat: 3/9 Lane : 6 Athlete: TAE LMAN YADE							Q-time: 02:31:08	
PB (25m pool): 02:31.08 Lokeren 05/04/2025				PB (50m pool): 02:37.04SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.51		01:14.67		01:54.50		02:31.08
	00:35.51		00:39.16		00:39.83		00:36.58	
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:5, starttime: 09:42	
Heat: 5/9 Lane : 8 Athlete: COLPAERT JULIE							Q-time: 02:26:29	
PB (25m pool): 02:26.29 Sint-Niklaas 28/12/2025				PB (50m pool): 02:32.72 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.82		01:10.98		no time		02:26.29
	00:33.82		00:37.16					
								

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN 11-12					Heat:1, starttime: 10:08
Heat: 1/5 Lane : 2 Athlete: COLPAERT LEONIE					Q-time: 02:05:97
PB (25m pool): 02:05.97 Lokeren 28/09/2025			PB (50m pool): 02:08.66 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:59.60		02:05.97	
	00:59.60		01:06.37		
					

Coach feedback:

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Event number: 22: 100M BREASTSTROKE WOMEN 11-12					Heat:2, starttime: 10:10
Heat: 2/5 Lane : 6 Athlete: MARTENS ESTEE					Q-time: 01:47:51
PB (25m pool): 01:48.68 Liedekerke 11/11/2025					PB (50m pool): 01:47.51 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.69		01:48.68	
	00:51.69		00:56.99		
					

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN 11-12					Heat:3, starttime: 10:13
Heat: 3/5 Lane : 8 Athlete: VAN PETEGHEM LAYLA					Q-time: 01:44:92
PB (25m pool): 01:44.92 Dendermonde 22/11/2025					PB (50m pool): 01:49.11 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.72		01:44.92	
	00:50.72		00:54.20		
					

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN 11-12					Heat:5, starttime: 10:17
Heat: 5/5 Lane : 8 Athlete: VAN GOETHEM LOTTE					Q-time: 01:31:57
PB (25m pool): 01:37.09 Temse 17/11/2025					PB (50m pool): 01:31.57 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.06		01:37.09	
	00:48.06		00:49.03		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 10:23
Heat: 2/11 Lane : 5 Athlete: VANDERSCHAE GHE DAAN					Q-time: 01:29:84
PB (25m pool): 01:29.84 Temse 31/05/2026					PB (50m pool): 01:32.37 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.18		01:29.84	
	00:44.18		00:45.66		
					

Coach feedback:

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Event number: 23: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 10:28
Heat: 4/11 Lane : 8 Athlete: HEYNZE OTIS					Q-time: 01:22:91
PB (25m pool): 01:25.82 Temse 17/11/2025					PB (50m pool): 01:22.91 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.68		01:25.82	
	00:42.68		00:43.14		
					

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+					Heat:3, starttime: 11:12
Heat: 3/11 Lane : 1 Athlete: DE MAEIJER ELENA					Q-time: 00:32:92
PB (25m pool): 00:32.92 Sint-Amandsberg 19/10/2025					PB (50m pool): 00:33.18 SB: no time
	2 5 M	5 0 M			
PB		00:32.92			
	00:32.92				
					

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+					Heat:5, starttime: 11:14
Heat: 5/11 Lane : 5 Athlete: TAELEMAN YADE					Q-time: 00:30:83
PB (25m pool): 00:30.83 Lokeren 28/09/2025					PB (50m pool): 00:31.53 SB: no time
	2 5 M	5 0 M			
PB		00:30.83			
	00:30.83				
					

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+					Heat:5, starttime: 11:14
Heat: 5/11 Lane : 8 Athlete: COLPAERT JULIE					Q-time: 00:31:43
PB (25m pool): 00:31.43 Lokeren 28/09/2025					PB (50m pool): 00:31.81 SB: no time
	2 5 M	5 0 M			
PB		00:31.43			
	00:31.43				
					

Coach feedback:

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Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:4, starttime: 11:25
Heat: 4/7 Lane : 2 Athlete: VAN NEER LOWIEK			Q-time: 00:37:16
PB (25m pool): 00:37.16 Sint-Amandsberg 19/10/2025 PB (50m pool): 00:38.21 SB: no time			
	2 5 M	5 0 M	
PB		00:37.16	
		00:37.16	
			

Coach feedback: